



7 **Winning Principals** for Relationships

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Who wants to LOSE...ahh no one. Duh!

No one wakes up with excitement to be in a losing relationship. Everybody loves and wants to be a winner. The feeling of winning alone can make you feel on top of the world. When you start winning and stop losing in relationships you gain a sense of purpose in living every day. Here is the hard truth but good news, Winners are MADE... Winners are not BORN.



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You don't need to be someone born with super relationship abilities to win in your relationship. All you need to do is gain the knowledge & skills necessary to be successful and practice them like your relationship depended on it. **YES**, with practice the average person with the right insightful information can be a star player in their relationship. These 7 **Winning Principals** for Relationships are your keys to be a winner in your relationship journey.

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Definitions: you must know and understand.

3 Supporting Pillars of a Relationships

1. **Sex:** the act of stimulating or having sexual intercourse, physical intimacy, and or mental intimacy.
2. **Money:** financial resources used to buy things, pay for living expenses or one lively hood.
3. **Communication:** methods used to conduct forward progressing conversation to reach a common understanding.

4 Essential Relationship Investments

1. **Love:** an unconditional emotional attribute you place on someone after their consistency to give high quality substance you value and appreciate.
2. **Attention:** giving someone your mental focus as to regarding them as interesting or important.
3. **Time:** the planning, scheduling, or arranging of events that builds implied value because of the duration put in.
4. **Energy:** an internal capacity to give or put out of a supplied level of mental or physical resource that can be drawn on.

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Go big or stay in the house... Seriously!

HEY YOU! Listen up and pay attention to what is about to be said in the next sentence because if you get it and it makes sense, you cannot lose in relationships. **Ok here it is.... YOU ARE THE MOST IMPORTANT RELATIONSHIP; ALL THE OTHERS ARE BASED ON YOUR RELATIONSHIP WITH YOURSELF. APPLY THESE PRINCIPALS TO YOUR PERSONAL SELF RELATIONSHIP FIRST, AND YOU WILL KNOW HOW TO USE THEM IN RELATIONSHIPS WITH OTHERS.** Ok, did you get that critical information in the big bold red letters... hope so.

The 3 Supporting Pillars of a Relationship (sex, money, & communication) are just that. The principals that support and hold up a relationship from falling down. When you are not capable of balancing or managing these three in your relationship, the end is near. Statically these three are the leading reasons people state why they were not happy in their relationships and what eventually causes them to depart from said relationships. Take time to develop a clear understanding first with self and then with others on how, when and where you apply these pillars in your life. **WARNING: NOT PAYING ATTENTION TO THESE WILL CAUSE EXTREME PAIN AND TERMOIL.**

The 4 Essential Relationship Investments (L.A.T.E.: Love, Attention, Time, & Energy) are required if you want to have a profitable relationship with great amazing benefits. The acronym spells L.A.T.E. but it is never too late to begin investing value in yourself and or your relationships.

- ◆ **Love:** is the strongest emotion you can have for yourself and others.
- ◆ **Attention:** is one of the 5 things we need from others we cannot give ourselves.
- ◆ **Time:** is the most important ingredient to build whatever you want to grow.
- ◆ **Energy:** is the life force from within we need to live and fuel our decisions and life changing actions

Like a bank account It is important to make consistent deposits in your relationship with self and others to grow it from a state of **BROKE**ness to a state of abounding abundance filled with happiness, joy and satisfaction.

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In Closing

Please do realize how precious life is and how wonderful you can make it if you just take the steps to gain knowledge that can assist you to be the winner, we all have the potential to be. If you didn't know that you are somebody and worthy of living a decent human existence while residing on this planet... now you know. **"Life is simple but can be hard"**. Every day is a new day and a chance to obtain knowledge and insight to make living a little bit easier minute by minute, hour by hour, day by day. Finally, don't forget it's never too late to start living a life you can love and share with others.

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